

## The Twelve Keys of Faith-Based Recovery

### 1) There is a God in heaven.

- *Psalm 46:10* “Be still, and know that I am God.”
- There is a God in heaven; and he is a loving, caring, and compassionate God who wants to help you.

### 2) There is always hope with God.

- *Isaiah 41:10* “Fear not, for I am with you; Be not dismayed, for I am your God. I will strengthen you, Yes, I will help you.” (NKJV)
- With God there is always hope. You are not alone, God is with you and he wants to help you.

### 3) Do you want to get well?

- *John 5:6* “When Jesus saw him lying there and learned that he had been in this condition for a long time, he asked him, ‘Do you want to get well?’”
- Do you want to get well and are you willing to do whatever is necessary to be successful in recovery?

### 4) Recovery is possible with God.

- *Philippians 4:13* “I can do all things through Christ who strengthens me.” (NKJV)
- Don’t let your past dictate your future. With God recovery is absolutely possible.

### 5) God wants to forgive you.

- *Psalm 103:10-12* “He does not deal with us according to our sins...<sup>11</sup> For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him;<sup>12</sup> as far as the east is from the west, so far does he remove our transgressions from us.(ESV)
- Regardless of what you have done in the past, God wants to forgive you!

### 6) Seek God and you will find him.

- *Jeremiah 29:13* “You will seek me and find me when you seek me with all your heart.”
- Seek God with all of your heart and you will find him.

### 7) Jesus is the true Higher Power.

- *John 14:6* “Jesus answered, “I am the way and the truth and the life. No one comes to the Father except through me.”
- Jesus is the way, the truth, and the life and Jesus is the true Higher Power.

### 8) Make a decision to put your faith in Jesus.

- *John 3:16* “For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.”
- Put your faith and trust in Jesus as the true Higher Power.

### 9) Surround yourself with like-minded people.

- *1 Corinthians 15:33* “Do not be misled: “Bad company corrupts good character.”
- Surround yourself with like-minded people that share your desire to be clean and sober and share your love for God.

### 10) God made you and called you for a purpose.

- *Jeremiah 29:11* “‘For I know the plans I have for you,’ declares the Lord, ‘plans to prosper you and not to harm you, plans to give you hope and a future.’”
- God has made you for a purpose; consider what has God called you to do?

### 11) Peace that surpasses all understanding.

- *Philippians 4:7* “And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.” (ESV)
- You will still have struggles, but with God in your life you can have ‘a peace that surpasses all understanding’.

### 12) Continue to trust God no matter what.

- *Proverbs 3:5-6* “Trust in the Lord with all your heart; do not depend on your own understanding. <sup>6</sup> Seek his will in all you do, and he will show you which path to take.”(NLT)
- No matter what happens continue to put your faith and trust in God and he will give you guidance and wisdom.